



POOL RESCUE MANIKIN CARE INSTRUCTIONS

Thank you for choosing a Ruth Lee Pool Rescue Manikin. We hope it will help you and your team to become better lifeguards.

To keep your manikin in peak condition for optimum performance, please keep and follow these detailed Care Instructions.

ON DELIVERY

It is possible that your manikin will be delivered in a folded position and therefore it may be necessary to re-straighten the torso for optimum performance.

This is an easy process.



Simply lay the manikin flat on the floor, face down and then pull the legs up over the back to the shoulders. Hold in this position for around 20 seconds.

Please refer to the photograph on the left. Holding this position for 20 seconds should be sufficient to straighten out the internal plastics.

When you begin using the manikin, if it doesn't lay flat on the surface of the pool when you throw it in, repeat the process described above.

INSPECTION

We recommend that you visually inspect the manikin BEFORE and AFTER each training session.

Visually check the manikin as follows:

- Check the manikin has no tears or holes (including along the seams)
- Check all limbs are intact.

If there are any tears or holes, do not use the manikin. Please refer to our warranty terms and conditions on our website www.ruthlee.co.uk

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CLEANING YOUR MANIKIN



Ruth Lee manikins are made from tough, durable materials – but as with any product, regular use will add to their general wear and tear given the activities you use them for.

Please ensure that you thoroughly rinse the manikin with clean water **AFTER EACH TRAINING SESSION**. This is important to maintain general condition of the manikin and prevent mildew forming. After rinsing, allow the manikin to dry **COMPLETELY** before storing.

Ideally the manikin should be left to dry in the mesh carry sheet provided. Place the manikin on the carry sheet and suspend in non-humid environment in a horizontal position.

Please refer to the photo on the left.

HOW TO STORE YOUR MANIKIN

It is important to store your manikin correctly to prolong its life.

It should be stored in a flat, horizontal position, ideally in the carry sheet provided. Laying the manikin on top of PVC bars will allow ventilation to the underside of the product, but we do not recommend storing the manikin on wooden benches (these will retain some water and encourage bacteria).

It is very important that the manikin is **COMPLETELY DRY** before being stored and thereafter it should be kept in a dry environment (with minimal humidity) away from the poolside.

MANUAL HANDLING

There is a warning on the manikin head to advise that the weight is 30kg. Remember, when first pulled from the water the weight will be considerably more (although water drains from the product quickly).

If your business/organisation has a risk assessment or guidelines for lifting and handling, please ensure these are adhered to. When moving and transporting the manikin between exercises we always encourage a two person lift, using the carry sheet provided.

DO NOT drag the manikin. The abrasive nature of pool tiles will cause damage to the materials used in constructing the manikin. **ALWAYS** lift the manikin to transport it to different areas of the poolside, or to storage area.

